

OTHER

SCICAP

1711 Osceola Ave

Chariton, IA

641-774-8133

Food Assistance, Utility assistance, garden vouchers and more

Iowa Food Bank

www.iowafba.org

855-944-3663

Chariton Chamber of Commerce

Alicia McGee/Executive Director

104 North Grand Street Chariton, IA 50049

director@cacmsia.com

Phone: 641.774.4059 / Fax: 641.774.2801

www.charitonarechambermainstreet.com

Engage, Inspire, enhance: Building a strong economy together on a foundation of historic preservation and on our square and beyond.



Lucas County Resource Directory



Lucas County, Iowa 2021

Lucas County Resource Directory online version:

www.marionph.org

<u>LUCAS COUNTY OFFICES</u>		
County Office	Location	Phone
Assessor's Office	916 Braden Ave. Chariton, IA 50049	641-774-4411
Auditor's Office	916 Braden Ave. Chariton, IA 50049	641-774-4512
Board of Supervisors	916 Braden Ave. Chariton, IA 50049	641-774-2018
CROSS Mental Health Region/General Relief Office	125 S. Grand Chariton, IA 50049	641-774-0423
County Attorney	916 Braden Ave. Chariton, IA 50049	641-774-5989
County Conservation	45996 State Hwy. 14 Chariton, IA 50049	641-774-2438
Department of Human Services (DHS)	125 S. Grand Chariton, IA 50049	641-774-5071
Emergency Management (ADLM)	12307 Hwy. 5 Moravia, IA 52571	641-724-3223
Engineer's Office	916 Braden Ave. Chariton, IA 50049	641-774-4013
Environmental Health (ADLM)	12307 Hwy. 5 Moravia, IA 52571	641-724-3511
General Assistance	125 S. Grand St. Chariton, IA 50049	641-774-0423
Lucas County Public Health	123 S. Grand St. Chariton, IA 50049	641-774-4312
Recorder	916 Braden Ave. Chariton, IA 50049	641-774-2413
Sheriff's Office	48559 Hy-Vee Rd. Chariton, IA 50049	641-774-5083
Treasurer	916 Braden Ave. Chariton, IA 50049	641-774-5213
Veterans Affairs	123 S. Grand St. Chariton, IA 50049	641-774-4611

Quick Reference Phone Guide

Affordable Healthcare – www.healthcare.gov	1-800-318-2596
AIDS Hotline	1-800-273-AIDS
Alcoholics Anonymous	1-515-282-8550
Alzheimer’s Disease Helpline	1-800-272-3900
American Association on Diabetes	1-800-232-3472
American Cancer Society	1-800-227-2345
American Council of the Blind	1-800-424-8666
American Foundation for the Blind	1-800-232-5463
American Heart Association	1-800-242-8721
American Kidney Fund	1-800-638-8299
A.R.C. (Association of Retarded Citizens of Iowa)	1-800-433-5255
American Red Cross	1-800-733-2767
Arthritis Foundation	1-844-571-HELP
Better Business Bureau (BBB) – www.bbb.org	1-703-276-0100
Boys Town National Hotline	1-800-448-3000
Child Find of America – 2 nd Line	1-800-426-5678
Child Find of America – Parents Help Line	1-800-AWAYOUT
Child/Adult Abuse/Neglect Reporting	1-800-362-2178
Children’s Wish Foundation	1-800-323-9474
COMPASS for Disabled People (Iowa)	1-800-779-2001
Disability Rights IOWA (Iowa Protection & Advocacy)	1-800-779-2502
Deaf Iowans Against Abuse Hotline	cell to cell text 515-661-4015 or 1-319-531-7719
Office of Deaf Services of Iowa – www.deafservices.iowa.gov	1-888-221-3724
Dependent Adult and Child Abuse	1-800-362-2178
Dependent Adult/Child Referral	1-800-362-2178
Domestic Abuse Hotline	1-800-464-8340
Dyslexia Association (International)	1-800-222-3123
Easter Seal Society of Iowa, Inc.	1-515-289-1933
Epilepsy Foundation	1-800-332-1000
Eye Care – National Help Line	1-877-887-6327
Family Planning	1-800-452-3365
Family Violence (Family Crisis Center)	1-800-464-8340
Farm – On (Iowa Concern Hotline)	1-800-447-1985
Federal Insurance Consumer Help Line (Insurance Information Institute - www.iii.org)	1-800-942-4242
First Call for Help (United Way 211 Line)	1-515-246-6555
Foundation Through Crisis	1-800-332-4224
Gambling Hotline	1-800-BETSOFF
G.E.D. or High School Equivalency Diploma (adult basic education)	1-800-316-6850
Hawk – I (Free or Low-Cost Health Coverage for Kids)	1-800-257-8563
Hay Hotline (Hay & Straw selling list for producers to buy from-call to add your product)	1-800-383-5079
Health Information Resource Center – www.health.gov/nhic	1-240-453-8280
Healthy Families Hotline (ISU)	1-800-369-2229
Health and Human Services Information (Iowa Dept. of Human Services)	1-800-972-2011
Hearing & Speech Action (National Association for Hearing and Speech Action)	1-800-638-8255
Hearing Help Line (Better Hearing Institute)	1-800-EAR-WELL
Help Health Drug/Alcohol/Substance Abuse	1-800-662-HELP
Huntington’s Disease Society of America	1-800-345-4372
Iowa Attorney General – Consumer Protection	1-888-777-4590
Iowa Arson/Crime Hotline	1-800-532-1459
Iowa Commission for the Blind	1-800-362-2587
Iowa Commission on the Status of Women	1-800-558-4427
Iowa Compass (disabilities resources)	TTY 1-800-735-2942
Iowa Concern Hotline (ISU)	1-800-779-2001
Iowa Child Abuse Reporting Hotline	1-800-447-1985
Iowa Department of the Blind – www.blind.state.ia.us	1-800-362-2178
Iowa Department on Aging – www.iowaaging.gov	1-800-362-2587
	1-800-532-3213

Iowa Foundation of Medical Care (Tolligen)		1-800-383-2856
Iowa Legal Aid – www.iowalegalaid.org		1-800-532-1275
Iowa Legal Aid (60 & older)		1-800-992-8161
Iowa Ombudsman (Report concerns on government agencies)		1-515-281-3592
Iowa One Call, 48hr notice required – www.iowaonecall.com	Call 811 or	1-800-292-8989
Iowa Poison Control Center (Emergency: 800-222-1222)		1-712-279-3710
Iowa Sexual Assault Hotline		1-800-284-7821
Iowa Society to Prevent Blindness	515-244-4341 or	1-800-329-8782
Iowa State Bar Association (Locate a Lawyer) – www.iowabar.org		1-800-457-3729
Iowa State Patrol Emergency		1-800-525-5555
Iowa Victim Service Call Center	text 'iowahelp' to 20121 or	www.survivorshelpline.org
Iowa Workforce Development		1-800-562-4692
IRS (Assistance for Individuals)		1-800-829-1040
ISU Extension and Outreach		1-800-262-3804
Juvenile Diabetes Foundation (International)		1-800-533-2873
Legal Aid/Legal Services Corporation of Iowa		1-800-452-0007
Living Bank Organ Donation		1-800-528-2971
Lupus Foundation		1-800-558-0121
Lymphedema Network (National)		1-800-541-3259
Medical Alert/Connect America – www.MedAlert.net		1-800-215-4206
Medicare	1-800-633-4227 or	1-800-MEDICARE
Medicare/Social Security		1-800-772-1213
Mental Health Information and Referral (Emergency Assessment)		1-800-562-4944
Thursday's Child – www.thursdayschild.org		1-800-USA-KIDS
Motor Vehicle Information Center (Iowa DOT)		1-800-532-1121
Multiple Sclerosis Society		1-800-FIGHT MS
National Alcohol Hotline		1-800-252-6465
National Alliance for the Mentally Ill (NAMI)		1-800-950-6264
National Center of Missing and Exploited Children		1-800-THE LOST
National Council on Aging		1-571-527-3900
National Council on Alcoholism		1-800-NCA-CALL
National Down's Syndrome Society		1-800-221-4602
National Institute on Drug Abuse		1-800-729-6686
National Kidney Foundation		1-800-522-9559
National Reyes Syndrome Foundation		1-800-233-7393
Ombudsman/Iowa Citizens Aid	TTY: 515-281-3592	1-888-426-6283 or 1-515-281-3592
Parkinson's Disease (National Parkinson's Foundation)		1-800-457-6676
Poison Control		1-800-222-1222
Refugee Services		1-800-362-2780
Scleroderma Foundation		1-800-722-HOPE
Senior Health Insurance Program (SHIIP)		1-800-351-4664
SIDS American Institute – www.SIDS.org		1-239-431-5425
Substance Abuse Information & Mental Health Treatment Referral		1-800-662-4357
State Civil Rights		1-800-457-4416
STI (STD) Resource Center Hotline		1-800-227-8922
Suicide Prevention Hotline		1-800-273-TALK
Teen Line (ISU extension)		1-800-443-8336
Venereal Disease		1-800-227-8922
Veteran's Information (National) – www.va.gov		1-800-827-1000
Vocational Rehab		1-800-532-1486
WIC (State)		1-800-532-1579

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ABUSE & PREVENTION

Children and Families of Iowa

CFI provides services, such as: domestic violence prevention and intervention, teen programs, family support, early childhood development, mental health and substance abuse

105 E McLane St. Suite 400 Osceola, IA 50213

Website: www.cfiowa.org

Phone: 641-342-3444

- *Needing shelter in domestic violence situation call 515-243-6147*

Crisis Intervention and Advocacy Center

Advocacy program supporting victims and survivors of sexual assault, domestic abuse, dating violence, stalking and homelessness in southwest Iowa. Services provided include: 24 hour crisis line, housing, safety planning, support and educational groups, individual counseling, court accompaniment, hospital accompaniment, legal advocacy, medical advocacy, prevention education, professional training and community education.

911 Court St.

Adel, IA 50003

Phone: 515-993-4095

Crisis Intervention Services

Provide comprehensive sexual assault services, violent crime services, prevention programming, and emergency housing for victims of domestic abuse, sexual violence, and violent crimes for the counties of Appanoose, Davis, Jasper, Jefferson, Keokuk, Lucas, Mahaska, Marion, Monroe, Poweshiek, Wapello, & Wayne

500 High Ave West Oskaloosa, IA 52577

Website: www.stopdvsa.org

E-mail: help@stopdvsa.org

Phone: 641-673-0336 (Office)

- 1-844-673-5499 (Emergency Housing Crisis line)
- 1-800-270-1620 (Sexual Assault Crisis Line)

Family Crisis Center

Provide services for victims of domestic and dating violence including a 24-hour crisis line, one-on-one counseling, legal/court advocacy, medical advocacy, housing advocacy and safe housing.

1014 N. Elm St. PO Box 446 Ottumwa, IA 52501

Website: ottumwacrisiscenter.org

Phone: 641-683-1750

24hr Crisis Line: 800-464-8340

Prevent Child Abuse Iowa

Funds educational programs and advocacy to prevent child abuse

2704 Fleur Dr. Des Moines, IA 50321

Website: www.pcaiowa.org E-mail: pcaia@pcaiowa.org

Phone: 515-244-2200

Toll Free: 800-237-1815

Fax: 515-280-7835

- *In Lucas County contact SCICAP @ 641-774-5323*

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Iowa Coalition Against Sexual Assault (CASA)

Provides support, referral, and resources to sexual assault survivors. Also offers training and education programs for crisis centers.

3030 Merle Hay Rd Des Moines, IA 50310

Website: www.iowacasa.org

Phone: 515-244-7424

Polk County Crisis and Advocacy Services

Assistance for victims of sexual assault and other violent crimes

2309 Euclid Ave Des Moines, IA 50310

Website: www.polkcountyiowa.gov

Phone: 515-286-3600

Fax: 515-286-2032

Iowa ARCh (Iowa Affirmation & Resources Chat)

Chatroom for survivors of sexual violence and their loved ones-open 9:00am-9:00pm CST

4952 Franklin Ave.

Des Moines, IA 5310

Phone: 515-288-0881

ADVOCACY/OUTREACH/REFERRAL**Lucas County ISU Extension and Outreach**

Provides research-based information regarding agriculture, business, family and continuing education

48293 Hy-Vee Rd. Chariton, IA 50049

Website: www.extension.iastate.edu/lucas/

Phone: 641-774-2016

Tobacco Cessation

Stop smoking help and prevention information, education and referral

Lucas County Public Health Department

123 S Grand Chariton, IA 50049

Phone: 641-774-4312

- *Find us on Facebook at Lucas County Public Health*

ASSISTANCE - Clothing**Goodwill-Ottumwa**

Low cost household and clothing items

850 N Quincy Ave Ottumwa, IA 52501

Website: www.dmgoodwill.org

Phone: 641-682-4704

<<<< Continued on next page >>>>

Clothing

702 Roland Ave., Chariton, IA. 50049
641-774-2074, www.cofchrist.org
Free/low cost clothing (open once per week)

Cross Ministries

1610 North Main St., Osceola, IA. 50213
641-342-2421, www.crossministries-ia.com
Low cost home furnishing, clothing etc

Salvation Army

923 Roland Ave., Chariton, IA 50049
Located at the First United Methodist Church

ASSISTANCE - Financial**Lucas County General Relief Office**

125 S Grand Chariton, IA 52531
Phone: 641-774-0423
Fax: 641-774-4383

Department of Human Services

125 S Grand Chariton, IA 50049
Website: <http://dhs.iow.gov>
Phone: 641-342-6516
Toll Free: 877-394-1439

- *Served by Clark County Office, so this location by appointment only*

Family Development & Self-Sufficiency Program (FaDSS)

SCICAP
1711 Osceola Ave. Suite. 103 Chariton, IA 50049
Website: www.scicap.org
Phone: 641-774-8133

Social Security Administration

2429 Northgate St. Suite A Ottumwa, IA 52501
Website: www.ssa.gov
Phone: 866-964-7394

Child Support Recovery Unit

127 E Main St. Suite 100 Ottumwa, IA 52501
Website: www.childsupport.ia.gov
Phone: 641-682-8802

<<<< Continued on next page >>>>

South Central Iowa Community Action Program (SCICAP)

Provides utility assistance and home weatherization for low-income families

1711 Osceola Ave. Suite 103 Chariton, IA 50049

Website: www.scicap.org

Phone: 641-774-8133 ext. 224

ASSISTANCE - Food & Nutrition

Women, Infant & Children Nutrition Program (WIC)

For children 0-5 years old and women who are pregnant, breastfeeding or just had a baby. This program provides nutritional education and checks to families to purchase baby formula, milk, eggs and other healthy foods

MATURA Action Corporation

210 Russell St. Creston, IA 50801

Website: www.maturaaction.org

Phone: 641-202-7114

Phone: 800-532-1579 (State WIC Office)

Fax: 641-278-1141

- Find us on Facebook at MATURA ACTION

Free & Reduced School Lunches

Submit Completed Forms:

PO Box 738 Chariton, IA 50049.

Website: www.chariton.k12.ia.us

Phone: 641-774-5967

Amber Letz, National Board-Certified Health Wellness Coach, Functional Medicine Health Coach

Specializing in prevention of Type 2 Diabetes, weight loss, healthy lifestyle, and meal planning. Working to help people become the champion in their lives at one step at a time.

Website: www.letzbeehealthy.com

Phone: 641-931-6114

Email: amberletz@gmail.com

CMS Food Bank

1300 North 16th St., Chariton, IA 50049

641-774-5114, hours vary

Food Bank of Iowa

2220 East 17th St., Des Moines, IA 50316

515-564-0330, foodbankiowa.org

Inter-Church Council Food Bank

410 South 7th St., Chariton, IA 50049

641-774-8146, hours vary

Meals on Wheels- Milestones

623 East Pennsylvania Ave., Ottumwa, IA 52501
641-682-2270, milestonesaaa.org

Tuesday Together Meals

First United Methodist Church
923 Roland Ave., Chariton, IA 50049
641-774-5023, seasonal

Blessing Box – Fairgrounds

48293 HyVee Rd., Chariton, IA 50049
Accessible 24/7

Blessing Box – Glutes & Glory

112 North Grand St., Chariton, IA 50049
Accessible 24/7

Blessing Box – Senior Center

117 South Grand St., Chariton, IA 50049
Accessible 24/7

Blessing Box – St. Andrew's

1112 North 7th St., Chariton, IA 50049
Accessible 24/7

Blessing Box – The Porch

705 Auburn Ave., Chariton, IA 50049
Accessible 24/7

Blessing Box – Russell

Corner of Shaw and Prairie., Russell, IA 50238
Accessible 24/7

CAMPS**Wesley Woods Camp and Retreat Center**

Offers 125 different kinds of summer camps
10896 Nixon St. Indianola, IA 50125
Website: www.wesleywoodsia.org
Phone: 866-684-7753

Lake View Camp & Conference Center

Offers summer camps for children and adults of all ages, work trip opportunities throughout the year, and a quiet place to hold small retreats and gatherings

Office: PO Box 836 Pella, IA 50219

Camp Address: 1797 Hwy T-17 Tracy, IA 50256

Website: www.lakeviewconference.com

Phone: 641-628-2160

Camp Appanoose

Camp Appanoose offers a variety of programs for youth ages 8-18, designed each year to develop hope and vision. Participants are challenged to pursue their interests, develop their unique gifts, and serve others. Each program is educational and is integrated with Biblical teaching.

13380 430th St. Plano, IA 52581-8524

Website: www.campappanoose.org

E-mail: cabar@campappanoose.org

Phone: 641-649-2491

Fax: 641-649-2481

CHILD CARE – Finding Care

Iowa Child Care Resource & Referral of Central Iowa

Helps parents find childcare and provides home providers, centers and preschools with consultation, staff training and registration information and resources to improve the quality of care provided.

Orchard Place

808 5th Ave. Des Moines, IA 50309

Website: www.iowaccrr.org

Parent Referral Line: 855-244-5301

Child Care Provider Search

Hotline: 844-786-1296

DHS Website: <https://ccmis.dhs.state.ia.us/ClientPortal/ProviderSearch.aspx>

CHILD CARE - Child Care Centers

Hope Learning Center

TyYServices: Preschool, Daycare, After School Care

1711 Osceola Ave. Chariton, IA 50049

Phone: 641-774-0629, [facebook.com/hopelearningcenteria](https://www.facebook.com/hopelearningcenteria)

CHILD CARE- Preschools

- SEE EDUCATION SECTION

CHILD CARE – Resources and Education for Child Care Providers

Iowa Child Care Resource & Referral of Central Iowa

Provides information and support on childcare registration and program licensure. Offers regular training, resources and financial support to improve the quality of childcare.

Orchard Place

808 5th Ave. Des Moines, IA 50309

Website: www.iowaccrr.org

Local Consultant: 641-820-1922

Regional Office: 800-722-7619

Toll Free: 877-216-8481

CHIROPRACTIC**Blong Chiropractic**

927 Braden Ave. Chariton, IA 50049

Website: www.charitonchiropractor.com

Phone: 641-774-5611

Family Chiropractic Center

801 Linden Ave. Chariton, IA 50049

Website: www.charitonchiro.com

Phone: 641-774-4018

COMMUNITY GROUPS**Chariton Chamber – Main Street**

104 N Grand St. Chariton, IA 50049

Website: www.charitonareachambermainstreet.com

Phone: 641-774-4059

Small Business Development Center

15330 Truman St. Ottumwa, IA 52501

Website: www.iowasbdc.org

Phone: 641-683-5127

Toll Free: 800-726-2585 ext. 5127

Chariton Valley Planning & Development

308 N 12th St. Centerville, IA 52544

Website: www.charitonvalleyplanning.com

Phone: 641-437-4359

4H Program (ISU Extension and Outreach Office)

48293 Hy-Vee Rd. Chariton, IA 50049

Website: www.extension.iastate.edu/lucas/4h

Phone: 641-774-2016

Chariton Farmer's Market

Located on the east side of the square. Runs May through October. Contact Dick or Nancy Warren for more information or to register as a vendor.

Phone: 641-774-4059

Girl Scouts of Greater Iowa

10715 Hickman Rd. Urbandale, IA 50322

Website: www.girlscoutsiowa.org

Phone: 515-278-2881

Toll Free: 800-342-8389

Boy Scouts

6123 Scout Trail Des Moines, IA 50321

Website: www.midiowacouncilbsa.org

Phone: 515-265-5990

Chargers Stomp Out Tobacco (ISTEP Chapter)

Group for 6th to 12th graders that works on prevention of tobacco and nicotine initiation among youth and works to promote cessation among those who use tobacco or nicotine products.

Lucas County Public Health

Contact: Max Willadson

Phone: 641-774-4312

ISTEP Website: www.iowastep.org

Rotary Club of Chariton facebook.com/charitonrotary

Kiwanis facebook.com/chariton.kiwanis

Library

803 Braden Ave., Chariton, IA. 50049

641-774-5514, www.chariton.lib.ia.us

Veterans Affairs

123 South Grand St., Chariton, IA. 50049

641-774-4611, amosd@lucasco.org

Lucas County Development Corporation

115 South Main St., Chariton, IA 50049

641-203-1924, www.lucascountyiowa.com

Economic development organization serving Lucas County

COUNSELING & CONSULTATION SERVICES

Al-Anon

Meetings at Lucas County Health Center
1200 North 7th St. Chariton, IA 50049
Iowa-al-anon.org/meetings

Narc-Anon

Meetings held at St. Andrew's Episcopal Church
1112 North 7th St., Chariton, IA 50049
na.org

Celebrate Recovery

Cornerstone Community Church
120 Northwestern Ave., Chariton, Ia 50049
641-774-5683, cornerstonecommunitychurch.net

Consumer Credit of Des Moines

Nonprofit organization offering free financial counseling and free foreclosure mitigation. Debt management planning, bankruptcy education and counseling and reverse mortgage counseling may require a nominal fee.
6129 SW 63rd St. Des Moines, IA 50321
Phone: 515-287-6428
Toll Free: 800-955-5765

Community Health Centers of Southern Iowa

1711 Osceola Ave. Chariton, IA 50049
Website: www.chcsi.org
Phone: 641-774-8484
Fax: 641-774-8485

CHCSI Access Center

219 West Washington St., Osceola, IA 50213
641-342-1742, www.chcsi.org

Sieda Community Action

115 S Main St. Chariton, IA 50049
Website: www.sieda.org
Phone: 641-774-8279
Toll Free: 800-622-8340

Des Moines Pastoral Counseling Center

Offers full range of general and psychotherapy services, fees based upon client's ability to pay
8553 Urbandale Ave Urbandale, IA 50322
Website: www.dmpcc.org
E-mail: info@dmpcc.org

Phone: 515-274-4006

Orchard Place Child Guidance Center

State-accredited mental health center for children and families

808 Fifth Ave Des Moines, IA 50309

Website: www.orchardplace.org

Phone: 515-244-2267

Fax: 515-244-1922

House of Mercy

*Services provided include transitional and permanent housing, meals, transportation, licensed childcare, individual and family therapy, addiction counseling, trauma counseling, education and employment assistance, and skill development training and communication, parenting, and nutrition. **No longer a walk-in clinic***

1409 Clark St Des Moines, IA 50314

Website: www.houseofmercydesmoines.org

Phone: 515-643-6500

Fax: 515-643-6598

Dental Services

I-Smile™

Dental services for 0-21 or pregnant women

Marion County Public Health

2003 North Lincoln Knoxville, IA 50138

Website: www.marionph.org

Phone: 641-828-2238

Fax: 641-842-3442

- *Find us on Facebook-Marion County Public Health Department*

Chariton Dental

Dr. Tyson Tanner, DDS

117 N. Main Chariton, IA 50049

Phone: 641-774-2312

e-mail: charitoniowadental@gmail.com

Dr. Kandy Thomas, DDS-Prairie Trails

1920 Court Ave. Suite 2 Chariton, IA 50049

Phone: 641-217-8043

Community Health Centers of Southern Iowa (CHCSI)

Accepts Medicaid, Kids and Adults

302 NE 14th St.

Leon, Iowa 50144

641-446+-2383

Indianola Pediatric
Accepts Medicaid, children
2001 N. 6th St
Indianola, Iowa 50125
515-808-7000

DISABILITY SERVICES

CROSS Mental Health Region (Formerly Lucas County CPC)

County Rural Offices of Social Services works to improve health, hope, and successful outcomes for the adults in our region who have mental health disabilities and intellectual/developmental disabilities, including those with multi-occurring issues with other complex human service needs. CROSS serves Clarke, Decatur, Lucas, Marion, Monroe, Ringgold, and Wayne Counties.

125 S. Grand Chariton, IA 50049
Website: www.crossmentalhealth.org
Phone: 641-774-0423
Fax: 641-774-4383

- **FREE 24-HOUR HELPLINE: 844-430-8520** Feeling sad, scared, or unsafe?

Iowa Compass

Information for Iowans with disabilities and the people that work with them

100 Hawkins Dr. Suite 295 Iowa City, IA 52242

Website: <https://iowacompass.org>

Phone: 800-779-2001

Dial 711 for Relay

<<<< Continued on next page >>>>

Southeast Iowa Case Management

It is the mission of Southeast Iowa Case Management, (SICM) to assist MH/ID/DD/BI individuals in achieving their greatest potential and to maximize their quality of life. SICM promotes consumer driven services based upon the person's strengths and needs and will assist individuals in the process of increasing independence in settings that are least restrictive, age appropriate, and integrated into the community. Case Managers will inform individuals of their rights and responsibilities as citizens, investigate an array of funding options and encourage the use of natural supports in the individual's community.

207 West 2nd St., Suite 3 P.O. Box 1626 Ottumwa, IA 52531

Email: sicm3@seiowacasegmt.com

Phone: 641-684-6399

Optimae Life Services

1711 Osceola Ave. Suite 104 Chariton, IA 50049

Website: www.opitmaelifeservices.com

Phone: 641-217-8157

Child Health Specialty Clinic

609 Church St. Ottumwa, IA 52501

Website: www.chsciowa.org

Phone: 641-682-8145

Ragtime Industries

Social services for the handicapped in Albia

116 N. 2nd St. Albia, IA 52531

Phone: 641-932-7813

Disability Rights IOWA

400 E. Court Ave. Suite 300 Des Moines, IA 50309

Website: www.disabilityrightsiowa.org

Phone: 515-278-2502

Toll Free: 800-779-2502

Iowa Vocational Rehabilitation Services

15260 Truman St. Suite 4 Ottumwa, IA 52501

Website: www.ivrs.iowa.gov

Phone: 641-682-7569

Iowa Children at Home Program

Children at Home (CaH) is a non-profit program of the Iowa Family Support Network and can help families caring for a child (up to age 22) with a disability by providing financial assistance for items or services not covered by other programs. Examples: special adaptive devices, out-of-area travel expenses, nutritional supplements, respite care or educational seminars for caregivers, special camps, and items to make your home safe or more accessible for a child.

Iowa Family Support Network

Website: IAFamilySupportNetwork.org

Email: IAFamilySupportNetwork@vnsia.org

Phone: 888-IAKIDS1 (888-425-4371)

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DISASTER ASSISTANCE**American Red Cross**

2116 Grand Ave. Des Moines, IA 50312

Website: www.redcross.org

Phone: 515-243-7681

EDUCATION - Family-Based**Indian Hills Community College - Court Mandated Programs & Continuing Ed**

Provides court mandated classes such as: anger management, children in between, drinking drivers (12hr), and driving improvement classes. Also offers continuing education classes for a variety of careers.

Indian Hills Community College**Ottumwa Campus**

525 Grandview Ave. Ottumwa, IA 52501

Website: www.indianhills.edu

Phone: 641-683-5111

Toll Free: 800-726-2585

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Great Prairie AEA (Albia)

Consultation for families and students with disabilities

103 A Street South Albia, IA 52531

Website: www.gpaea.org

Phone: 641-932-5007

ISU Extension and Outreach - Lucas County

48293 Hy-Vee Rd. Chariton, IA 50049

Website: www.extension.iastate.edu/lucas/

Phone: 641-774-2016

Fax: 641-774-8588

Parents as Teachers

Early childhood parent education and family support program offering in-home parental education

SCICAP

1711 Osceola Ave. Suite 103 PO Box 715 Chariton, IA 50049

Website: www.scicap.org

Phone: 641-774-8133 ext. 224

- *Parent Café on 1st Thursday of every month at 10am and 3rd Thursday at 4pm
(Held at Chariton Public Library)*

Parents and Children First

[Facebook.com/ParentsChildrenFirstofLucasCounty](https://www.facebook.com/ParentsChildrenFirstofLucasCounty)

EDUCATION - College**Central College**

812 University St, Pella, IA 50219

Website: www.central.edu

Phone: 877-462-3687

Indian Hills Community College

525 Grandview Ave, Ottumwa, IA 52501

Website: www.indianhills.edu

Toll Free: 800-726-2585

Des Moines Area Community College

1100 7th St, Des Moines, IA 50314

Website: www.dmacc.edu

Phone: 515-244-4226

Toll Free: 800-362-2127

EDUCATION - Elementary, Middle, and High School

Chariton Community School District

Website: www.charitonschools.org

Chariton Middle School

1300 N. 16th St. Chariton, IA 50049

Phone: 641-774-5114 grades: 6-8

Chariton High School

501 N. Grand St. Chariton, IA 50049

Phone: 641-774-5066 grades: 9-12

Columbus Elementary

1215 Linden Ave. Chariton, IA 50049

Phone: 641-774-4712 grades: K-2

Van Allen Elementary

1129 Ashland Ave. Chariton, IA 50049

Phone: 641-774-5047 grades: 3-5

Chariton Preschool

140 East Albia Rd., Chariton, IA 50049

641-774-5967 age: 4 year olds

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ELECTED OFFICIALS

Lucas County Board of Supervisors

Lucas County Courthouse

916 Braden Ave. Chariton, IA 50049

Phone: 641-774-2018

City of Chariton – Mayor Denny Bisgard

115 South Main St., Chariton, IA. 50049

641-774-5991, www.chariton.org

City of Derby – Mayor Vicki Connor

P.O Box 68, Derby, IA. 50068

641-533-2364, derby.iowa@outlook.com

City of Lucas – Mayor Jon Orwig

P.O Box 88, Lucas, IA 50151

641-766-6713, cityoflucas@iowatelecom.net

City of Russell – Mayor Chris Feehan

1015 Maple Street, Russell, IA 50238

641-535-2494, cityofrussell@iowatelecom.net

City of Williamson – Mayor Kris Wilson

P.O Box 112, Williamson, IA. 50272
641-862-3754

State Senator – Amy Sinclair

1007 East Grand Ave., DesMoines, IA 50319
515-281-3371, amy.sinclair@legis.iowa.gov

State Representative – Joel Fry

1007 East Grand Ave., DesMoines, IA 50319
515-281-3221, joey.fry@legis.iowa.gov

U.S. Representative- Abby Finkenauer

308 3rd St SE, Suite 200
Cedar Rapids, IA 52401
Phone: 319-364-2288
National Office:
124 Cannon HOB Washington, D.C. 20515
Phone: 202-225-2911

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U.S. Senator Chuck Grassley

721 Federal Building
210 Walnut
Des Moines, IA 50309
Phone: 515-288-1145
Fax: 515-288-5097

National Office:
135 Hart Senate Building
Washington, D.C. 20515
Phone: 202-224-3744

U.S. Senator Joni Ernst

733 Federal Building
210 Walnut
Des Moines, IA 50309
Phone: 515-284-4574
Fax: 515-284-4937

National Office:
111 Russell Senate Office Building
Washington, D.C. 20510
Phone: 202-224-3254

EMPLOYMENT SERVICES

Iowa Workforce Development

200 Army Post Rd. Suite 44 Des Moines, IA 50315
Website: www.iowaworkforcedevelopment.gov
Phone: 515-281-9619

Experience Works, Inc.

3720 2nd Ave, Des Moines, IA 50313
Website: www.experienceworks.org

Phone: 515-243-2430
Toll Free: 877-314-7385

Iowa Workforce Development Center in Ottumwa

15260 Truman Street Ottumwa, IA 52501
Website: www.iowaworkforcedevelopment.gov
Phone: 641-684-5401

Project Iowa

Provides free career training and employment placement services to individuals who experience barriers to employment.

1420 Mulberry St. Des Moines, IA 50309
Website: www.projectiowa.org
Phone: 515-280-1274

Iowa Employment Solutions

Job search support (childcare & transportation) for families who qualify for the Family Investment Program (FIP). Program eligibility is determined by the Department of Human Services.

200 Army Post Rd, Des Moines, IA 50315
Website: www.iowaemploymentsolutions.com
Phone: 515-281-9700

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Job Corp Office- Ottumwa Office

15229 Truman St, Ottumwa, IA 52501
Website: www.jobcorps.gov
Phone: 641-682-2000
Toll Free: 800-733-5627

Iowa Vocational Rehabilitation Services

306 N. Sherman St. Knoxville, IA 50138
Website: www.ivrs.iowa.gov
Phone: 641-828-6982

GROUP HOMES

Crest Services

Nonprofit provider of in-home care and independent living programs for children and adults with mental or developmental disabilities, and brain injuries

1221 Brookdale Ave. Chariton, IA 50049
Website: www.crestservices.org
Phone: 641-774-5291

ChildServe

Supports children with special healthcare needs on a short and long-term basis

5406 Merle Hay Rd. Johnston, IA 50131
Website: www.childserve.org
Phone: 515-727-8750 Fax: 515-727-8757

HEALTHCARE ASSISTANCE

Affordable Care Act (Marketplace)

Website: www.healthcare.gov
Phone: 800-318-2596

Health Insurance Plan of Iowa (HIPIOWA)

Provides Health Insurance coverage to Iowa residents who have been denied coverage
PO Box 1090 Great Bend, KS 67530
Website: www.hipiowa.com
Phone: 877-793-6880

Senior Health Insurance Information Program (SHIIP)

Offers local residents help in understanding the Medicare system and other insurance programs.

Lucas County Health Center

1200 N. 7th St. Chariton, IA 34232
Website: www.shiip.state.ia.us
Phone: 641-774-3226 Toll Free: 800-351-4664

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Hawk-i (Healthy & Well Kids in Iowa) & hawk-i Dental Only

*To qualify, a child must live in Iowa and: Be under 19 years old; Have no other health insurance; Be a citizen of the United States or a qualified alien; Be in a family that meets the **hawk-i** income limits; Cannot be the dependent of a State of Iowa employee; Children who qualify for Medicaid cannot get **hawk-i***

Marion County Public Health

2003 North Lincoln PO Box 152 Knoxville, IA 50138
Website: www.marionph.org
Phone: 641-828-2238
Fax: 641-842-3442

Senior Health Insurance Information Program (SHIIP)

Offers local residents help in understanding the Medicare system and other insurance programs.

Lucas County Health Center

1200 N. 7th St. Chariton, IA 34232
Website: www.shiip.state.ia.us
Phone: 641-774-3226
Toll Free: 800-351-4664

HEALTH CARE PROVIDERS & SERVICES

River Hills Women's Health and Family Planning

201 S Market St. Ottumwa, IA 52501
Website: www.riverhillshealth.org
Phone: 641-445-5431

Infant Care - Text4Baby

New and expectant moms receive 3 text messages each week that provide education on topics such as Birth-defects prevention, immunizations, nutrition and mental health.

Website: www.text4baby.org

Care for Yourself – Breast and Cervical Cancer Early Detection Program for Lucas, Marion, Mahaska, & Monroe Counties (BCCEDP)

Provides free mammograms, pap tests, breast and cervical diagnostic testing, and one yearly office visit for women ages 40 to 64 who are uninsured or under-insured or women who have breast cancer symptoms

Marion County Public Health

2003 North Lincoln P.O. Box 152 Knoxville, IA 50138

Website: www.marionph.org

Phone: 641-828-2238

Fax: 641-842-3442

Sarah Peterson, RDN, LDN, CPhT

Registered Dietician Nutritionist and Certified Pharmacy Technician

1801 Osceola Ave. Chariton, IA 50049

Website: speterson@hy-vee.com

Phone: 641-774-7698

HOME HEALTH**Caregivers of Chariton**

Serving Appanoose, Clarke, Decatur , Lucas, Marion, Monroe and Wayne Counties. Skilled Nursing Services, OT and PT Services, Home Health Aid Services, Respite, Homemaker, and more Accepts most insurance and private pay.

1010 N 7th St. Chariton, IA 50049

Website: caregiversiowa.com

Phone: 641-774-2339

Chariton Specialty Care (Care Initiatives)

1214 N 7th St. Chariton, IA 50049

Website: www.careinitiatives.org

Phone: 641-774-5921

Lucas County Public Health

123 S. Grand St. Chariton, IA 50049

Phone: 641-774-4312

Fax: 641-774-0444

HOSPICE

Care Initiatives Hospice

Offers end of life counseling and support for patients, patient families and those losing a loved one

4 S. Main St. Albia, IA 52531

Website: www.careinitiativeshospice.org

Phone: 641-932-3488

HOSPITALS & CLINICS

Lucas County Health Center

General Hospital

1200 N. 7th St. Chariton, IA 50049

Website: www.lchcia.com

Phone: 641-774-3000

Lucas County Health Center

Medical Clinic

1200 N. 7th St. Chariton, IA 50049

Website: www.lchcia.com

Phone: 641-774-8103

Toll Free: 800-404-3111

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Community Health Centers of Southern Iowa

1711 Osceola Ave, Chariton, IA 50049

Website: www.chcsi.org

Phone: 641-774-0637

Child Health Specialty Clinic

609 Church St, Ottumwa, IA 52501

Website: www.chsciowa.org

Phone: 641-682-8145

HOTLINES & INFORMATION

HIV/AIDS Information Hotline

The AIDS hotline answers questions and provides information about resources related to HIV/AIDS treatment.

Phone: 800-273-AIDS (800-273-2437)

Spanish language hotline: 800-303-SIDA (800-303-7432)

Website: www.hiv.gov

2-1-1 Resources and Referral Hotline

2-1-1 is an easy to remember three-digit phone number that provides information for basic health, human services, or community resources that is free, confidential, and available 24/7. Simply dial 2-1-1 on your phone.

Phone: 2-1-1

Website: www.211iowa.org

- You can also text your zip code to 211 to live what with an operator 24/7

Al-Anon Hotline

Al-Anon helps family and friends of alcoholics cope with the effects of living with a problem drinker. Alateen is the recovery program for young people.

Website: www.al-anon.alateen.org

Email: wso@al-anon.org

Toll Free Meeting Line: 888-4AL-ANON (888-425-2666)

Business Office: 757-563-1600

Fax: 757-563-1655

Americans with Disabilities (ADA) Hotline

ADA specialists provide information regarding the Americans with Disabilities Act, answer specific questions, offer free ADA materials, and assist with filing complaints.

Website: www.ada.gov

Phone: 800-514-0301

Iowa Compass Hotline

Provides information and referrals about disability related services and programs.

Phone: 800-779-2001

Website: www.iowacompass.org

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Gay and Lesbian National Hotline

Offers confidential telephone and email peer-counseling to callers of all ages regarding coming-out issues, relationship concerns, HIV/AIDS, and safer-sex information.

Phone (Toll Free): 888-THE-GLNH (888-843-4564)

Website: www.glbthotline.org

Central Iowa Crisis Line

Central Iowa Community Services has contracted to provide a Crisis Phone Line for residents living in a 10-county area. People can call for a variety of reasons including: a major loss, such as the death of a loved one, a divorce or a serious illness, or it could be a series of smaller problems that have compounded and become overwhelming. A crisis is any stress or pressure that has become too great for a person to cope with alone. Trained, compassionate telephone counselors are available 24 hours a day, 365. All contacts are confidential.

Toll-Free Crisis Line: 800-332-4224

Online Chat Counseling: www.Foundation2CrisisChat.org

Iowa Compass Hotline

Provides information and referrals about disability related services and programs.

Phone: 800-779-2001

Website: www.iowacompass.org

Iowa Brain Injury Information Center**Brain Injury Alliance of Iowa**

1556 S. First Ave. Suite A Iowa City, IA 52240

Website: <https://biaia.org>

Phone: 855-444-6443

Iowa Gambling Treatment Program

Offers the following services to individuals with a gambling addiction: assessment and evaluation, individual or group counseling, transitional housing, distance treatment, financial counseling, financial aid, confidentiality, and emergency assistance.

Phone: 800-BETS-OFF

Website: www.1800betsoff.org

Iowa Healthy Family Hotline

Provides health information and referrals for pregnancy, immunizations, and other family related issues.

Phone: 800-369-2229

Iowa Poison Control Center

401 Douglas St #501, Sioux City, IA 51101

Website: www.iowapoisson.org

Phone: 712-279-3710

Emergency: 800-222-1222 Fax: 712-234-8775

Legal Hotline for Older Iowans (60+)

Website: iowalegalaid.org

Phone: 800-532-1275

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Lawyer Referral Services Hotline

Call this number to be referred to a local lawyer.

Website: www.iowafindalawyer.com

Phone: 800-532-1108

Lifelong Links

Aging and disability resources to maintain independence.

Website: www.iowaaging.gov

Phone: 800-532-3213

Medline Plus

Produced by the National Library of Medicine and offers information about diseases, conditions, and wellness issues.

Website: www.medlineplus.gov

National Alliance on Mental Illness Helpline

Offers general information about mental illness, referrals to local affiliates and support groups, and volunteer support.

Phone: 800-950-6264
Website: www.nami.org

National Council on Alcoholism and Drug Dependence Hope Line

Offers referrals to local affiliate offices, as well as provides information about alcoholism and drug dependence.

Phone: 800-622-2255
Website: www.ncadd.org

Mental Health America

Information and literature regarding mental illness is provided to professionals and the general public.

Phone: 800-969-6642
Website: www.mentalhealthamerica.net

National Life Center

Provides compassionate guidance and counseling to any woman or girl facing pregnancy. Services offered include assistance finding medical, legal, or psychological help shelter, education, and adoption guidance as desired.

Phone: 800-848-5683
Website: www.nationallifecenter.com

National Runaway Switchboard

24-hour crisis line serving teenagers thinking of running away or who have run away and want to return home. Also provides information to adults about how to help someone who may be at risk of running, and to teachers to pass along to students about youth homelessness and life on the streets.

Phone: 800-RUNAWAY or 800-786-2929
Website: www.1800runaway.org

National Suicide Prevention Lifeline

Available to anyone in suicidal crisis or emotional distress providing crisis counseling or mental health referrals.

Phone: 800-273-TALK or 800-273-8255
Website: www.suicidepreventionlifeline.org

Rape, Abuse & Incest National Hotline (RAINN)

RAINN anonymously and automatically connects sexual assault victims with the nearest rape crisis center and a counselor who is able respond to the call.

Phone: 800-656-HOPE or 800-656-4673
Website: www.rainn.org

**Substance Abuse and Mental Health Service Administration (SAMHSA's)
National Helpline**

Treatment referral and information service for individuals and families facing mental and/or substance use disorders.

Phone: 800-662-4357
Website: www.samhsa.gov

Veterans Affairs (VA)

Website: www.centraliowa.va.gov

Phone: 844-698-2311
Crisis Line: 800-273-8255

Quitline Iowa

Quitline Iowa is a free program that provides helpful tools, information and support throughout your quit process.

Website: www.quitlineiowa.org
Phone: 800-784-8669 (1-800-quit-now)

Q Link Wireless

Provides a free smartphone with free monthly calling, unlimited texting, and free data through a special government benefit program called "Lifeline" which is available to eligible low-income consumers.

Website: qlinkwireless.com
Phone: 855-Q-Link43

Zero To Three

National nonprofit that informs, trains, and supports professionals, policymakers and parents in their efforts to improve the lives of infants and toddlers.

Website: www.zerotothree.org

HOUSING (Subsidized & Low-Income)

Chariton Housing Authority (Southgate Apartments)

Only HUD Public Housing-no section 8 vouchers

429 S. Main Chariton, IA 50049
Phone: 641-774-2725

Autumn Park Apartments

Low income for elderly-62 or older or disabled (HUD)

330 N Main Chariton, IA 50049
Phone: 641-774-2725 www.publichousing.com

Area XV Multi-County Housing Agency

Serves the counties of Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello, Washington, & Wayne

417 N College St. Agency, IA 52530
Website: www.areaxvhousing.org
Phone: 641-937-5222

Apartments/Rentals

Chariton Area Chamber/Main Street
104 North Grand St., Chariton, IA 50049
641-774-4059 www.charitonareachambermainstreet.com
For a list of apartments and rental homes

Chariton Valley Regional Housing Trust
307 North 13th St. Centerville, Ia 52544
641-856-2744, charitonvalleyhousing.org
Services: grants for home repair etc

LAW ENFORCEMENT

Lucas County Sheriff's Department
48559 Hy-Vee Rd P.O. Box 816 Chariton, IA 50049
Website: www.lucascosheriff.org
Phone: 641-774-5083
Fax: 641-774-1660

Chariton Police Department
48559 Hy-Vee Rd P.O. Box 845 Chariton, IA 50049
Phone: 641-774-5083
Fax: 641-774-1660

LEGAL SERVICES

Drake University Legal Clinic (Outreach)
2400 University Ave. Des Moines, IA 50311
Website: www.drake.edu/law/clinics-centers
Phone: 515-271-3851

Iowa Concern Hotline
Financial questions, legal issues, family transitions
Website: www.extension.iastate.edu/iowaconcern/
Phone: 1-800-447-1985

Lawyer Referral Service
Iowa Find-A-Lawyer
625 E. Court Ave. Des Moines, IA 50309
Website: www.iowafindalawyer.com

Iowa Legal Aid Southeast Iowa Regional Office
112 E 3rd St. Ottumwa, IA 52501
Website: www.iowalegalaid.org
Phone: 641-683-3166

MEDICAL SUPPLIERS

Lucas County Health Center Lifeline

1200 N. 7th St. Chariton, IA 34232
Website: www.lchcia.com/lifeline.aspx
Phone: 641-774-3226

NuCara Home Medical

113 High Avenue East Oskaloosa, IA 52577
Website: www.hammermedical.com
Phone: 641-672-2501
Toll Free: 800-395-5537

NuCara Home Medical

914 Court Avenue Chariton, IA 50049
Website: www.hammermedical.com
Phone: 641-774-4600
Toll Free: 800-260-1186

Life Alert

Phone: 800-982-0332
Website: www.lifealert.net

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Mahaska Drug

205 N. E Street Oskaloosa, IA 52577
Website: www.mahaskadrug.com
Phone: 641-673-3439

American Home Patient

2604 N Court Suite B
Ottumwa, IA 52501
Phone: 641-684-8555
Patient Advocate Helpline: 1-877-299-2021
Sleep Support Center: 1-877-221-8763

Website: www.ahom.com
Toll Free: 800-926-8555

Cedar Valley Mobility

8832 Swanson Blvd. Suite L Clive, IA 50325
Website: www.mobilitystore.com
Phone: 515-440-6641

Liberator Medical Supply

Phone: 888-244-0789
Website: www.liberatormedical.com

NuCara Pharmacy

107 W Main St. Ottumwa, IA 52501

Website: www.nucara.com

Phone: 641-684-5453

NURSING HOMES, ASSISTED & INDEPENDENT LIVING**Chariton Specialty Care**

1214 N 7th St. Chariton, IA 50049

Website: www.careinitiatives.org

Phone: 641-774-5921

Homestead of Chariton

1110 N 6th St. Chariton, IA 50049

Phone: 641-774-2303

OPTOMETRIST**Chariton Vision Center**

131 N Main St. Chariton, IA 50049

Website: www.mylocalvisioncenter.com

Phone: 641-774-7507

Wolfe Family Vision Center

1200 N 7th St. Chariton, IA 50049

Website: www.wolfeclinic.com

Phone: 641-774-5819

Clark Eye Center

307 North Main St., Chariton, IA 50049

641-774-5819

PHARMACY**Hy-Vee Pharmacy**

2001 Court Ave. Chariton, IA 50049

Website: www.hy-vee.com/health/pharmacy

Phone: 641-774-2111

NuCara Pharmacy

107 W Main St. Ottumwa, IA 52501

Website: www.nucara.com

Phone: 641-684-5453

PUBLIC HEALTH PROGRAMS

Lucas County Public Health

Disease prevention, blood pressure checks, immunizations – check for clinic times, health maintenance program, skilled nursing and HCA services for under- or uninsured clients, homemaker services, emergency preparedness, health promotion activities

123 S. Grand St. Chariton, IA 50049

Phone: 641-774-4312

Fax: 641-774-0444

Women, Infant & Children Nutrition Program (WIC)

For children 0-5 years old and women who are pregnant, breastfeeding or just had a baby. This program provides nutritional education and checks to families to purchase baby formula, milk, eggs and other healthy foods

MATURA Action Corporation

207 N. Elm St. Creston, IA 50801

Website: www.maturaaction.org

Phone: 641-782-8431

Phone: 800-532-1579 (State WIC Office)

Fax: 641-278-1141

- Find us on Facebook at MATURA ACTION

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1st Five Program

*(For Appanoose, Clarke, Decatur, Jasper, Lucas, Marion, Monroe, Poweshiek, Ringgold & Wayne Counties)
1st Five is a public-private partnership bridging primary care and public health services in Iowa. The 1st Five model supports health providers in the earlier detection of social-emotional and developmental delays and family risk-related factors in children birth to 5 and coordinates referrals, interventions and follow-up.*

Marion County Public Health Department

2003 N. Lincoln P.O. Box 152 Knoxville, IA 50138

Website: www.marionph.org

Phone: 641-828-2238

Fax: 641-842-3442

- Find us on Facebook–Marion County Public Health Department

I-Smile™

Dental services for 0-21 or pregnant women

Marion County Public Health

2003 North Lincoln P.O. Box 152 Knoxville, IA 50138

Website: www.marionph.org

Phone: 641-828-2238

Fax: 641-842-3442

Hawk-i (Healthy & Well Kids in Iowa) & hawk-i Dental Only

To qualify, a child must live in Iowa and: Be under 19 years old; Have no other health insurance; Be a citizen of the United States or a qualified alien; Be in a family that meets the hawk-i income limits; Cannot be the dependent of a State of Iowa employee; Children who qualify for Medicaid cannot get hawk-i

Marion County Public Health

2003 North Lincoln P.O. Box 152 Knoxville, IA 50138

Website: www.hawk-i.org

Phone: 641-828-2238

Fax: 641-842-3442

Maternal & Child Health

For children 0-21 years old and women who are pregnant, or just had a baby. This program assists in finding healthcare coverage and healthcare providers or dentists, provides education to promote a health pregnancy, evaluates emotional stress and family adjustment to pregnancy and parenting, arranges transportation to medical and dental appointments, provides nutritional education, and a home visit after you deliver your baby.

Marion County Public Health

2003 North Lincoln P.O. Box 152 Knoxville, IA 50138

Website: www.marionph.org

Phone: 641-828-2238

Fax: 641-842-3442

- *Find us on Facebook- Marion County Public Health Department*

RECREATION

Lake Rathbun

Offering outdoor swimming, boating, fishing, hunting, trails, eight parks, and two marinas.

15053 Hatchery Place Moravia, IA 52571

Website: www.iowadnr.com

Phone: 641-647-2406

Rathbun Fish Hatchery

Aquarium filled with native Iowa fish, view the hatchery's operation by an elevated walkway throughout the facility. Located on the south side of Rathbun Lake.

15053 Hatchery Pl. Moravia, IA 52571

Phone: 641-647-2406

Honey Creek State Park

Offers recreational services and natural education in an outdoor setting at minimal or no cost. Also available: picnic shelters, boating access, interpretive programs, camping, cabins, and hiking through woods and prairies. Located on the north side of Rathbun Lake.

12194 Honey Creek Pl. Moravia, IA 52571

Phone: 641-724-3739

Honey Creek State Park Resort

Resort with meeting facilities, water recreation, 18-hole golf course, multi-use trails, boat docks, campgrounds, interpretive programs and nearby shopping.

12633 Resort Dr. Moravia, IA 52571

Website: honeycreekresort.com

Phone: 866-797-5308

U.S. Army Corps of Engineers**Rathbun Lake**

Visitor's Center, nature programs, camping, bicycle, hiking trails and water activities

11456 Hwy J5t Centerville, IA 52544

Phone: 641-647-2464

Community Centers

Chariton (915 Osage Ave. 641-774-5991),

Lucas (109 Front St.)

Russell (106 West Stanton St.)

Vredenburg-Chariton Family Aquatic Center

900 North 14th St. Chariton, IA 50049

SENIOR SERVICES**Care Initiatives Specialty Care**

1214 North 7th St., Chariton, IA 50049

641-774-5921, www.careinitiatives.org

Nursing care, rehabilitation services, hospice care

Caregivers Home Health

1010 North 7th St., Chariton, IA. 50049

641-774-2339,

Skilled nursing, home health and more

Homestead Assisted Living

1110 North 6th St., Chariton, IA 50049

641-774-2303, www.midwest-health.com

Assisted living

Iowa Home Care

2500 University Ave., West Des Moines, IA. 50266

515-222-9995, www.iowahomecare.com

Home health services

Milestones Area Agency on Aging

623 E. Pennsylvania Ave. Ottumwa, IA 52501

Website: www.milestonesaaa.org

Toll Free: 855-410-6222

Phone: 641-682-2270

Fax: 641-682-2445

Lucas County Senior Center

Offers meals to elderly individuals

117 S. Grand St.

Chariton, IA 50049

Phone: 641-774-2821

Lucas County Public Health

Disease prevention, blood pressure checks, immunizations – check for clinic times, health maintenance program, skilled nursing and HCA services for under- or uninsured clients, homemaker services emergency preparedness, health promotion activities

123 S. Grand St. Chariton, IA 50049

Phone: 641-774-4312

Lifeline

Personal emergency response program designed to help adults maintain independent living.

Lucas County Health Center

1200 N. 7th St. Chariton, IA 50049

Website: www.lchcia.com/lifeline.aspx

Phone: 641-774-3000

Toll Free: 800-404-3111

Senior Health Insurance Information Program (SHIIP)

Offers confidential, one-on-one counseling on choosing Medicare and related health care coverage.

Lucas County Health Center

1200 N. 7th St. Chariton, IA 50049

Website: www.shiip.iowa.gov

Phone: 641-774-3226

Toll Free: 800-351-4664

<<<< Continued on next page >>>>

Social Security Administration

2429 Northgate Street Suite A Ottumwa, IA 52501

Website: www.ssa.gov

Phone: 866-964-7394

Toll Free: 800-325-0778

Mom's Meals

3210 SE Corporate Woods Dr. Ankeny, Iowa 50021

Website: www.momsmeals.com

Phone: 1-877-508-6667

Sister's Homestyle Entrees

1303 22nd St. North Humboldt, IA 50548

Website: www.sistersentrees.com

Phone: 515-332-1928

Connect America/Medical Alert www.medalert.net

228 Third Street- Box 220

Parkersburg, IA 50665

Phone: 319-346-2222

Assurance Wireless-Lifeline Cell Phone Provider (Virgin Mobile)

Enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria. You may qualify if you are on certain public assistance programs, like Medicaid or Supplemental Nutrition Assistance Program (SNAP). You can also qualify based on your household income. You must provide proof of program participation or proof of income.

PO Box 5040 Charleston, IL 61920

Website: www.assurancewireless.com

Phone: 888-321-5880

TRANSPORTATION SERVICES**10-15 Regional Transit Agency**

10-15 Transit is a state and federally funded PUBLIC transportation system. Service is available to ANYONE needing transportation in Region 15 & Region 17 - Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Monroe, Van Buren, Wapello and Wayne Counties. All services are open to the general public. Riders may use the bus for nearly any purpose: grocery shopping, medical and dental visits, congregate meals, going to work or school or personal business

612 S Madison Ave. Ottumwa, IA 52501

Website: www.1015transit.com

Phone: 641-683-0685 Central Office Phone: 800-227-6390

Amtrak

210 West Main Street Ottumwa, IA 52501

Website: www.amtrak.com

Phone: 641-682-3876

MCO TRANSPORTATION SERVICES INFORMATION

AMERIGROUP MEMBER SERVICES

Website: WWW.MYAMERIGROUP.COM/IA

Phone: 1-800-600-4441

Iowa Total Care covers Non-Emergency Medical Transportation (NEMT) for IA Health Link members. This includes medically necessary covered services, such as doctor appointments, dialysis, and counseling appointments. You can set up transportation by calling the Iowa Total Care toll-free number at 1-833-4041061 (TTY: 711).

Road to Recovery 800-227-2345, cancer.org

Transportation Program (thru Lucas County Health Center of Iowa)
1200 North 7th St., Chariton, IA 50049
641-774-3226, www.lchcia.com

UTILITIES

Alliant Energy

Website: www.alliantenergy.com
Phone: 800-255-4268

Mid-American Energy

Website: www.midamericanenergy.com
Phone: 888-427-5632

AmeriGas

Website: www.amerigas.com
Phone: 800-AMERIGAS

Southern Iowa Electric COOP (REC)

Website: www.sie.coop
Phone: 641-664-2277

Chariton Valley Electric Cooperative Inc.

Website: www.cvrec.com
Phone: 641-932-7126

Clarke Electric COOP Inc.

1103 Main St. PO Box 161 Osceola, IA 50213
Website: www.cecoop.com
Phone: 641-342-2173

Chariton Water Dept.

101 Albia Rd., Chariton, IA 50049
641-774-4711, services: water within city

Rathbun Regional Water

16166 Hwy J29, Centerville, IA 52544
641-647-2416, www.rrwa.net
Services: water (select portions of Lucas County)

SCISWA

1736 Hwy T-17, Tracy, IA. 50256
641-828-8545, www.sciswa.org
Services: Landfill and disposal site

Ferrelgas

113 West Jackson St., Corydon, IA 50060

641-872-1487, www.ferrelgas.com

Services: propane

Southern Iowa Oil

2130 West Court Ave., Chariton, IA 50049

641-774-4821, www.southerniowaoil.com

Services: propane

SCICAP

1711 Osceola Ave., Chariton, IA. 50049

641-774-8133, services: utility assistance

Lucas County Resource Directory

2021

Thank you to the following organizations for making this year's directory possible:

1st Five Program through Marion County Public Health Department

·For funding and coordinating this project

Lucas County Resource Directory online version: www.marionph.org



Public Health
Prevent. Promote. Protect.

If your organization or agency provides help to area families and would like to be listed in future editions or for any additions, corrections, or deletions to the current listing, please contact Marion County Public Health Department at 641-828-2238.

Persons to contact for rental housing

CHARITON AREA CHAMBER/MAIN STREET

Updated 10-13-2022



<u>Name</u>	<u>Telephone</u>	<u>Apartment</u>	<u>Duplex</u>	<u>House</u>	<u>Note</u>
Alan Umberhower	641 203 0720	8-unit bldg: 2 bd, 1 bd 12-unit bldg: 2 bd, 1 bd	no steps: 2 bd		in Lucas
Terri Pritchett, Autumn Park	641 774 4201	58-unit bldg: 1 bd			age 62 or older or disability; income restricted, HUD based; rent based on 30% of income; nice secure location; utilities included, and small pets allowed.
Chris Curran	641 203 2932		2 bd		1-car garage; washer, dryer; no pets
Cindy Parker	641 774 1215	upper: 2 bd, 1 bd			
Dave Hendricks	641 203 5046	upper: 1 bd; others vary			
David Laing	641 203 1032	upper: 2 bd; larger 2 bd			
Dawn Baird	641 203 4667			4 bd; one level: 2 bd	
Evelyn Hull	641 203 5112	2 bd, 1 bd			
Gary Lundy	515 250 6755	1 bd, 2 bd, 3bd, 4 bd	2 bd, 3 bd	2 bd, 3 bd	
Gene Wright	641 203 2254			2 bd, 2-3 bd	
Marty Ryan	641 774 2725	72-unit bldg: 2 bd, 1 bd			rent based on income
Jason Demichelis	641 203 3286	upper: 1 bd, 2 bd			
Jill Kerns	641-774-2131	1 - 1 bd 1 bath; 1 - 2 bd 1 1/2 bath			
Sue, Hudson Property; sue.hudsonproperty@gmail.com; www.hudsonrentalproperty.com	515-444-1299	24-unit complex: 2 bd			Section 8 vouchers accepted
Mitch Kressin	641 210 9216			2 bd, 3 bd	
Murphy Realty and Management	515 295 2927	no steps: 1 bd			age 62 or older or disability; rent based on income; in Russell
Radley Seufferer	641 766 6581	10-unit bldg:		2 bd, 3 bd	
Steve Shenefield	641 774 5227	24-unit bldg; four-plex		2 bd	
Vicky Pfrimmer	641 340 0432	upper: 1 bd, 2 bd	2 bd		
Dr. Tyson Tanner	641-774-2312	1 bd, 1 bath			Water/Garbage included in rent, no pets, no smoking
Richard Atwell	641-203-1146	1 bd, 1 bath, ground floor 2 bd, 1 bath, 2nd floor 2 bd; no steps	duplex triplex 1bd		Electric, no pets, no smoking
Wes Rodgers	515-883-0732				Water/Garbage included in rent; no steps, no pets, no smoking
Susan Rosa, John Rosa	641-203-5019 (S); 641-203-1685 (J)			1 story, 3 bd	Seasonal; ideal for Hunters, Family Reunion, etc. Remodeled 2020, internet. Rural Lucas County on paved road.

<u>Name</u>	<u>Telephone</u>				
Realtors					
Iowa Realty	641 774 5822				
Kent Farm Management & Real Estate	641 774 8676				
Red Haw Realty	641 774 4242				
Storage Rental					
Chariton Valley Mini Storage	641 535 2022				
David Laing	641 203 1032				
Karl Kloster	641 891 5559				
KLG Properties	641 774 2709				
Look for rental ads					
Chariton Newspapers	Tuesdays				
Facebook - Chariton Buy Sell Trade					
Facebook - Chariton Area Swap					
Facebook - Buy/Sell Trade Russell/Chariton Area					
Facebook - Chariton Area Homes for Rent/Sale					

***We are pleased to announce
An App is now available to utilize to make access to our
resource directories even easier.***

You can access our new app by scanning one of the QR
codes below!

You can also find the App in the play store for Android
devices under **MCPH -Resource Directories**



You can all access our directories on
our website at:

[https://marionph.org/resource-
directory/](https://marionph.org/resource-directory/)

QR code for Play Store for
Android Devices



Marion County
Department of Public Health



QR code of any Device



LUCAS COUNTY

FOOD PROGRAMS

INTER-CHURCH COUNCIL MINISTRY CENTER

410 S. 7TH ST. | CHARITON
PHONE: (641) 774-8146

HOURS:
MONDAY, WEDNESDAY, FRIDAY
9:30 - 11:15 AM



CHARITON MIDDLE SCHOOL FOOD PANTRY

1300 N. 16TH ST. | CHARITON
PHONE: (641) 774-8146

HOURS:
2ND AND 4TH WEDNESDAYS
4 - 5 PM

CORNERSTONE FOOD MINISTRY

120 NORTHWESTERN AVE. | CHARITON
PHONE: (641) 774-5683

HOURS:
TUESDAY: 3:30 - 5 PM
FRIDAY: 9:30 - 11 AM



TUESDAY TOGETHER MEALS

923 ROLAND AVE. | CHARITON
PHONE: (641) 774-5023

DRIVE-THRU MEAL:
TUESDAYS AT 5 PM



BLESSING BOXES

THE PORCH COFFEE HOUSE
705 Auburn Ave. | Chariton

ST. ANDREW'S CHURCH
1112 N. 7th St. | Chariton

SENIOR CENTER
117 S. Grand St. | Chariton

LUCAS COUNTY FAIRGROUNDS
48293 HyVee Rd. | Chariton

CITY OF RUSSELL
Corner of Prairie & Shaw Streets



OTHER RESOURCES

SCICAP:
Food assistance, utility assistance, etc.
(641) 774-5323

IOWA FOOD BANK:
www.iowafba.org | (855) 944-3663



For Your Child's Sake, Go Above and Beyond Iowa's Child Passenger Safety Law!

IOWA LAW

BEST PRACTICE

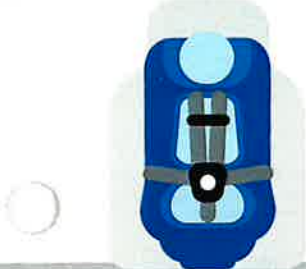


REAR-FACING

1

Children must ride in an appropriate rear-facing child safety seat until one year of age **and** at least 20 pounds.

Children should ride in an appropriate rear-facing child safety seat until the maximum height or weight limit of the seat is reached.



FORWARD-FACING

2

Children must ride in a child safety seat or booster seat through the age of 5. (Seats must be used in accordance with the manufacturer's directions.)

Children should be restrained in a 5-point harness system until the maximum height or weight limit of the child safety seat is reached.



BOOSTER

3

Children must ride in a booster seat or seat belt between the ages of 6-11, regardless of their seating position within a vehicle.

After outgrowing a 5-point harness, children should move into a booster seat. Children should ride in a booster seat until the vehicle's lap and shoulder belt fit properly. Most children will need a booster seat until they are between 8 and 12 years old.



SEATBELT

4

Rear seat occupants up to age 18 must be secured by a safety belt.

Buckle Up for Life! Regardless of your age, protect yourself and fellow occupants by buckling up every trip, every time, regardless of your seating position within the vehicle.

Best Practice Guidelines are per the American Academy of Pediatrics and the National Highway Traffic Safety Administration.

Protect your precious cargo by making sure they ride right at all times. For more information, visit blankchildrens.org/cps or call **1-800-258-6419**.

Produced with Federal Highway Safety Funds
In partnership with the Iowa Governor's Traffic Safety Bureau



Blank Children's Hospital
UnityPoint Health

A department of UnityPoint Health - Des Moines - Iowa Methodist Medical Center

The values of Parents as Teachers are:

The early years of a child's life are critical for optimal development and provide the foundation for success in school and in life.

Parents are their children's first and most influential teachers.

Established and emerging research should be the foundation of parent education and family support curricula, training, materials and services.

All young children and their families deserve the same opportunities to succeed, regardless of any demographic, geographic or economic considerations.

An understanding and appreciation of the history and traditions of diverse cultures is essential in serving families.



Program funding provided through:
4 Counties For Kids and Kids First Communities

Early Childhood Iowa Boards

"All children will learn, grow and develop to realize their full potential."

Parents as Teachers®

A **FREE** program offered to children and families in Appanoose, Davis, Lucas, and Monroe counties!



"Helping people help each other, and build better communities."

Erin Hall, Program Manager

Appanoose/Davis/Lucas/Monroe/Wayne

221 South Clinton
Albia, Iowa 52531

Ph: (515) 971-6465

ebrooks@scicap.org

“Every home is a university and the parents are the teachers.” – Mahatma Gandhi

Our Mission:

To provide the information, support and encouragement parents need to help their children develop optimally during the crucial early years of life (pre-natal to 5 years old).

Are you interested in learning how your child is progressing toward their developmental milestones?

Parents As Teachers offers home visits, virtual visits, group connections and screenings to help provide information in:

- Problem Solving
- Communication
- Personal-Social Development
- Gross/Fine Motor Skills
- Hearing Screenings
- Vision Screenings



Parents as Teachers®
Blue Ribbon
AFFILIATE

What We Do:

Parents as Teachers helps organizations and professionals work with parents during the critical early years of their children's lives, from conception to kindergarten—and the results are **powerful!**

Grounded in the latest research, Parents as Teachers develops curricula that support a parent's role in promoting school readiness and healthy development of children.

We embrace learning experiences that are relevant and customized for the individual needs of each family and child. As a result, individuals and organizations who use our curricula benefit from our understanding of the evolving needs of today's families and children.

PAT families receive:

- **Personal Visits:** Parent Educators share age-appropriate information and activities to help parents learn to observe their children and address parenting concerns!
- **Group Connections:** Parents learn and support each other!
- **Screenings:** Parent Educators screen each individual child's overall development including health, hearing and vision!
- **Resource Network:** Families are linked to local community services and resources!

Find us online!

www.parentsasteachers.org

Find us on Facebook!

www.facebook.com/PAT52544



Our Mission

The NEST believes that every child, beginning at birth, will be healthy and successfully reach their full potential.

The NEST believes that prenatal care and early childhood education are the most important factors in ensuring healthy children and families.

By providing an incentive program, we hope to encourage earlier entry into the healthcare system, as well as encourage social-emotional development of children.



Contact Us

Phone:

Erin Hall (515) 971-6465

Address:

117 S Grand St.
Chariton, IA 50049

Email:

LucasCountyNEST@scicap.org

LUCAS COUNTY



Funding provided by:



NEST PROGRAM

LEARN. CONNECT. GROW

SCICAP.org

